DATE	7/15/09						Foods in Compliance for TN Competitive Foods							
	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Chips and Snacks														
Austin														
SeAnimal Crackers		79783-40790					1 oz	35	3	0	21	20	85	1 bread
Zoo Animal Crackers		79783-48786					1 oz	14	0	0	25	25	90	1.5 bread
Azar Nut Company														
Carnival Crunch							.75 oz	13	0	0	15	16	180	1 bread
Power Snacks Peanuts			Roasted, salted				1 oz	71	11	0	0	6	100	
Power Snacks Sunflower Kernels			Roasted, salted				1 oz	76	8	0	4	6	110	
Power SnacksSunflower Kernels			Honey roasted				1 oz	71	6	0	7	8	88	
Power Snacks Sunflower Kernels			Barbecue				1 oz	76	11	0	7	6	60	
Power Snacks Raisins							1 oz	0	0	0	71	22	6	raisins, plain
Bake Crafters														
Honi Munchable Snack Mix Pack							.7 oz	27	9	0	20	14	110	1 bread
Pretzels, alphabet packs							.7 oz	0	0	0	0	15	150	1bread
Baked Classics														
Potato Crisps			Sour Cream & Onion, Mesquite BBQ				.5 oz	11	0	0	7	10	135	
Potato Crisps			Sour Cream & Onion, Mesquite BBQ				1 oz	11	0	0	7	20	135	
Barrel O'Fun														
Baked Classic Potato Crisps			Mesquite Barbecue, Sour Cream & Onion				.5 oz	20	0	0	3	10	125	
Baked Fries Jonny Rapp			Bacon Cheddar, Hot, Ketchup				1 oz	35	3	0	4	20	230	
Cheesy O's Lite Puffed Cheese Snacks							1 oz	32	3	0	4	19	160	
Stix O'Cheese		18375					1 oz	32	3	0	4	19	125	1 bread
Stix O'Fire		18376					1 oz	35	4	0	4	19	160	1 bread
Cheese Balls		18377					1 oz	35	0	0	9	15	95	1 bread
Rachel's Baked Thin Crisp														
		18647	Original				1.14 oz	14	0	0	6	26	210	
		18650	Cheddar & Sour Cream				1.14 oz	21	3	0	9	24	220	
		18649	Sour Cream & Onion				1.14 oz	21	3	0	9	24	220	
		18648	Barbeque				1.14 oz	21	3	0	9	24	220	
Rachel's Puffed Multi-Grain Sancks			Apple Cinnamon				.5 oz	33	0	0	14	10	60	
			Cheddar Cheese				.5 oz	33	0	0	7	10	60	
			Buttery Caramel				.5 oz	33	0	0	14	10	60	
Betty Crocker														
Fruit Shapes		11510		Scooby-Doo			0.88 oz	0	0	0	20	17	50	
Brookside Fruit Company														
Clodhoppers				Granola Crunch			1.06 oz	30	10	0	27	22	80	1 bread
Brother's All Natural														

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Fruit Crisps			Fugi Apple				100% fruit	freeze dried						
			Strawberry				100% fruit	freeze dried						
			Peach				100% fruit	freeze dried						
California Classics														
Crunchy Cheese Curls							0.75	31	5	0	7	13	150	
Cheese Balls							0.75	30	10	0	5	13	150	
Country Choice Organic														
Fit Kids Snackin' Grahams			Cinnamon Toast				1 oz	25	8	0	21	21	100	
Dakota Gourmet														
S'more Mix			Choc Graham Square Mix				1.25 oz	30	7	0	14	21	70	
Sunflower Seeds			Blaze-In Hot				1oz	85	8	0	1	5	115	seeds
Honey Nutz			Soybeans				1oz	39	7	0	11	11	55	nonfried veg
Sunflower Seeds			lightly salted				1oz	74	8	0	1	5	85	seeds
Sunflower Seeds			honey roasted				1oz	68	9	0	15	8	85	seeds
Fieldstone Bakery														
Granola Cereal			Original				1.25 oz	23	4	0	23	40	130	1 bread
Flat Earth														
Baked Fruit Crisps		39774	Apple cin.				1 oz	31	7	0	21	21	35	
Baked Veggie Crisps		39773	Cheddar				1 oz	35	7	0	11	19	190	
Frito Lay														
Baked Cheetos		21642	Crunchy Regular				0.875oz	35	4	0	1	13	210	1 bread
Baked Cheetos		30993	Crunchy Flamin' Hot				0.875 oz	34	0	0	1	15	210	1 bread
Cheetos Fantastix		43578	Flamin' Hot				1 oz	35	7	0	0	19	230	1 bread
Baked Doritos		20002	Nacho Cheese				.75oz	22	0	0	5	19	160	1 bread
Reduced Fat Doritos		31748	Nacho Cheese				1oz	35	7	0	1	19	220	1 bread
		36096	Cooler Ranch				1oz	35	7	0	1	19	220	1 bread
			Spicy Sweet Chili Tortilla				1oz	35	7	0	1	19	220	1 bread
Quaker		36308	Snack Mix				1oz	30	7	0	15	15	230	1 bread
Baked Lay's		32078	KC Masterpiece BBQ				0.875 oz	20	0	0	1	19	190	1 bread
Baked Lay's		33627	Cheddar Sour Cream				0.875 oz	23	4	0	12	19	190	1 bread
Baked Lay's		33625	Original				1.125 oz	12	0	0	6	26	200	1 bread
Cheetos Fantastix		36098	Chili Cheese				1 oz	35	7	0	0	15	190	1 bread
Cheetos Fantastix		43593	Flamin' Hot				1 oz	35	7	0	0	19	230	1 bread
Tostitos Baked Scoops		42537					.87 oz	18	0	0	0	19	115	1 bread
Munchies Snack Mix			Flamin' Hot				.87 oz	32	4	0	3	18	170	1 bread

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Generation Max														
Snickers Cereal Clusters		26916					1.06 oz	28	10	0	30	20	120	
Twix Cereal Clusters		26917					1.06 oz	28	10	0	30	20	120	
Combos Crackers		26922	Hot& Spicy				1.06 oz	35	0	0	6	18	220	
		26927	Pizza											
Combos Pretzels		26928	Ranch				1.06 oz	10	0	0	6	23	230	
General Mills														
Fr by the FootSpecEd		12106	Berry Tie Dye				.75 oz	19	6	0	33	16	40	
Spec Ed Fruit Roll-Ups		29162	Strawberry				.5 oz	25	0	0	29	11	55	
Cinnamon Toast Crunch Crisps							1 oz	21	0	0	32	22	200	
Fruity Cheerios							.87 oz	10	0	0	28	21	120	1 bread
Whole Grain Fr. Toast Crisps Cereal Snacks														
		17797000					1 oz	21	0	0	32	22	210	1 bread
Cocoa Puffs 25% less sugar			Cereal on the Go (pouch)				7/8 oz	11	0	0	33	20	130	1 bread
Cinnamon Toast Crunch			Cereal on the Go (pouch)				1oz	25	4	0	32	22	200	1 bread
Cinnamon Toast Crunch Crisps			Cereal on the Go (pouch)				1 oz	21	0	0	32	22	200	1 bread
Whole Grain French Toast Crunch Crisps			Cereal on the Go (pouch)				1 oz	21	0	0	32	22	210	1 bread
Fruity Cheerios			Cereal on the Go (pouch)				7/8 oz	11	0	0	33	21	120	1 bread
Jonny Rapp's														
Cheesy Os		18209	Puffed Cheese snack				.75 oz	35	0	0	5	15	95	
Stix O' Cheese		18375					1 oz	32	3	0	3	19	125	
Six O' Fire		18376					1 oz	35	3	0	3	19	160	
Cheese Balls		18377					.75 oz	35	0	0	3	15	95	
Baked Fries			Cheddar and Bacon				1 oz	27	0	0	4	20	230	
All Natural Popcorn			Original				1 oz	35	3	0	0	18	200	
			Kettle Corn				1 oz	25	0	0	29	21	180	
Kraft														
Honey			Maid Cin Graham Stix				1 oz	23	4	0	28	20	160	1.25 bread
Keebler														
	Character Grahams	30100-34103	*Bug Bites*(R) Cinnamon Graham Crackers				1.1 oz	28	10	0	29	17	125	1.25 bread
		30100-28665	*Scooby-Doo*!(TM) Cinnamon Graham Sticks				1 oz	29	4	0	29	17	115	1 bread
	Elf Grahams	30100-40213	*Keebler*(R) *Elf*(R) Grahams Original with Calcium				1 oz	27	7	0	29	16	105	1 bread
		30100-40221	*Keebler*(R) *Elf*(R) Grahams Cinnamon with Calcium				1 oz	27	7	0	29	17	105	1 bread
		30100-40239	Keebler ® Elf ® Grahams Chocolate				1 oz	31	10	0	25	17	125	1 bread
	Grahams	30100-30073	*Keebler*(R) Original Grahams with Calcium				.75 oz	25	5	0	19	17	90	1 bread

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	Brand	ProdCode	Description	Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
		30100-30074	*Keebler*(R) Original Grahams	.5 oz	33	0	0	21	16	60	0.5 bread
		30100-38133	*Keebler*(R) Cinnamon Crisp Graham Selects	.75 oz	25	5	0	19	21	85	1 bread
		30100-38141	*Keebler*(R) Apple Cinnamon Grahams	.75 oz	28	5	0	19	16	95	1 bread
		30100-38166	*Keebler*(R) Low Fat French Vanilla Grahams	.75 oz	17	5	0	24	16	95	1 bread
		30100-38299	*Keebler*(R) Honey Grahams with Fiber	.82 oz	30	0	0	17	21	100	1 bread
		30100-38406	*Keebler*(R) *Honey Rite*(R) Grahams	.5 oz	25	0	0	21	21	65	0.5 bread
		30100-76450	*Keebler*(R) *Honey Rite*(R) Grahams with Calcium	.75 oz	28	5	0	24	16	100	1 bread
	Zesta Saltines	30100-01396	*Keebler*(R) Unsalted Top Saltines- 2 ct.	.2 oz	20	0	0	0	8	40	.25 bread
	Zesta Saltines	30100-01446	*Zesta*(R) Saltines- 4 ct.	.4 oz	20	0	0	0	8	190	.5 bread
Kellogg's											
Corn Flakes®		38000-00196	Bowl Pack	.75 oz	0	0	0	10	16	150	1 bread
Rice Krispies®		38000-00596	Bowl Pack	.64 oz	0	0	0	11	23	170	1bread
Complete WheatBran Flakes		38000-00696	Bowl Pack	.89 oz	6	0	0	16	20	180	1 bread
Frosted FlakesRed Sugar		38000-21861	Bowl Pack	1 oz	0	0	0	28	18	160	1 bread
Froot Loops Red Sugar		38000-21863	Bowl Pack	.64 oz	7	0	0	32	18	105	1 bread
Raisin Bran®		38000-00896	Bowl Pack	1.25 oz	4	0	0	31	23	210	1 bread
Special K(R)		38000-01696	Bowl Pack	.64 oz	0	0	0	11	18	130	1 bread
Product 19(R)		38000-01996	Bowl Pack	.89 oz	0	0	0	10	27	145	1 bread
Cruncheroos(R)		38000-02296	Bowl Pack	.64 oz	14	0	0	6	16	140	1 bread
Crispix(R)		38000-03596	Bowl Pack	.89 oz	0	0	0	10	13	160	1 bread
Frosted Mini-Wheats		38000-04996	Bowl Pack	1 oz	0	0	0	21	16	0	1 bread
Apple Jacks Reduced Sugar		38000-29472	Bowl Pack	.75 oz	0	0	0	30	18	120	1 bread
Wild Animal Crunch Cereal		38000-38860	Bowl Pack	.85 oz	11	0	0	29	16	110	1 bread
Frosted Flakes® Gold		38000-38484	Bowl Pack	1.10 oz	5	0	0	32	19	190	1 bread
Corn Flakes		38000-21928	Cereal Individual Pack	.82 oz	0	0	0	9	16	160	1 bread
CompleteWheat Bran Flakes		38000-21937	Cereal Individual Pack	1.25 oz	5	0	0	19	20	230	1 bread
Special K®		38000-21968	Cereal Individual Pack	.82 oz	0	0	0	13	18	160	1 bread
Product 19®		38000-21977	Cereal Individual Pack	.82 oz	0	0	0	13	27	160	1 bread
Shredded Wheat Miniatures		38000-21982	Cereal Individual Pack	1.07 oz	5	0	0	3	15	0	1 bread
Kettle Brand											
Baked Potato Chips			lightly salted	.8 oz	25	5	0	0	17	110	
Kraft											
100 Calorie Packs											

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Honey Maid Thins							.81 oz	15	0	0	30	19	170	1 bread
Cheese Nips Mini							.74 oz	25	9	0	0	15	230	1.25 bread
Cheese Sportz Crackers							.74 oz	25	9	0	0	14	230	1.25 bread
Ritz Snack Mix		4400000770					.77 oz	25	5	0	9	16	210	1 bread
Lance														
Nacho Cheese Baked Tortilla Chips							7/8 oz	25	4	0	4	17	180	
MJM's														
Graham Cracker			Low-fat honey, cinnamon,				.9 oz	26	4	0	24	18	132	1 bread
			honey graham &fiber											
Bear Grahams& Waffle Grahams			Apple cinnamon,lemon, chocolate				.9 oz	26	5	0	22	18	86	1 bread
& Dinosaur Grahams			vanilla, strawberry,blueberry											
All-Sports Bites			Trans fat free				1 oz	26	4	0	23	20	93	1 bread
Wholesome Dino Bites			Vanilla				1 oz	26	4	0	24	20	92	1 bread
Nabisco														
100 Calorie Packs		31	Wheat Thins minis				.74 oz	25	5	0	14	25	200	1 bread
		67	Sportz Cheese Crackers				.74 oz	25	8	0	0	14	230	1.25 bread
		759	Cheese Nips Thin Crisps				.74 oz	25	5	0	0	15	230	1.25 bread
		40	Honey Maid Cinnamon Thin Crisps				.81 oz	15	0	0	30	19	170	1 bread
Newton's Fruit Crisps			Apple Cinnamon				1 oz	15	0	0	29	20	90	.75 bread
			Mixed Berry				1 oz	15	0	0	29	20	90	.75 bread
Animal Crackers							1 oz	24	3	0	21	11	150	1 bread
Pepperidge Farm														
Giant Goldfish Grahams		15094	Cinnamon				0.9 oz	29	7.5	0	23	19	150	1bread serv
Giant Goldfish Grahams		15263	Chocolate				0.9 oz	25	8	0	23	19	105	1bread serv.
Goldfish PhysEdibles		16187	Strawberry				0.9oz	29	7.5	0	26	19	150	
		16188	Lemon											
Goldfish		15095	Parmesan				0.75oz	27	10	0	0	19	230	
Cheddar Goldfish		14367	Cheddar				0.75 oz	32	9	0	0	19	180	
Kickin'Ranch Goldfish		17331					0.75 oz	30	9	0	0	14	190	1 bread
Hot 'nSpicy Cheddar		17330					0.75 oz	30	9	0	0	14	190	1 bread
Vanilla Goldfish		16999					0.90 oz	29	8	0	24	19	105	1 bread
Goldfish-100 Calorie		18197	Cheddar Made with Whole Grain				.75 oz	30	9	0	0	14	170	
		18198	Blasted Ranch				.75 oz	30	9	0	0	14	190	
Pierre Foods														
Peanut Butter Cup		90011	Peanut butter in plastic cup				1.11 oz	78	16	0	11	6	144	

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Planters														
Honey Roasted Peanuts		7695					1 oz	73	11	0	14	16	110	nuts
Peanuts, salted		7485					1 oz	79	11		4	11	115	nuts
Popcorn, Indiana														
Gourmet Kettlecorn		1-81972-00065-3	Popcorn				1 oz	35	0	0	21	21	130	
Ricos														
RTE Popcorn		RIC90003	Butter				5/8 oz	33	0	0	0	10	180	
RTE Popcorn		RIC90002	Cheddar Cheese				5/8 oz	32	0	0	5	10	220	
Right Bites														
100 Calorie Snacks		24100-33880	Right Bites(R) Cheez-It(R) Crackers				.75 oz	30	9	0	0	7	230	1 bread
Robert's Gourmet														
Pirates Booty			Aged White Cheddar				1 oz	35	7	0	0	18	150	
			Barbecue				1 oz	35	7	0	0	18	150	
			Veggie				1 oz	35	7	0	0	18	150	
Snikiddy Snacks														
Baked Corn Puffs			Grilled Cheese				.85 oz	31	5	0	0	10	160	
			Rockin Ranch				.85 oz	31	5	0	0	10	160	
SNX														
BBQ Chips		596000-J3	BBQ Bling				1.25 oz	25	0	0	6	24	190	
Cinnamon Stax		596001-J3	Cinnamon Chips				1.25 oz	21	0	0	6	25	110	
Caramel Kick		570000-J2	Caramel Bar				1 oz	20	9	0	23	18	35	
Stauffer Snack Items														
Animal Crackers		411075	Original				1 oz	14	0	0	21	23	96	
		411408	Chocolate				1 oz	21	4	0	29	21	140	
		413388	Iced Pink and White				.9 oz	23	4	0	27	20	85	
Cheddar Whales		411128	Cheddar				.75 oz	30	5	0	1	15	150	
		411875	White Cheddar				.75 oz	30	5	0	1	15	150	
Sunkist														
Fruit Snacks			Special Edition Mixed Fruit				.88oz	6	0	0	32	19	55	
Sunshine														
Krispy Saltines		24100-13055	Saltines 500/2 ct.				.2 oz	20	0	0	0	8	90	.25 bread
Krispy Saltines		24100-61853	Saltines 300/2 ct.				.2 oz	20	0	0	0	8	90	.25 bread
SuperPretzel														

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Soft Pretzel	30	30113	51% Whole Wheat **no salt added**				1 oz	7	0	0	0	14	65	1.25 bread
Rods		31012	51% Whole Wheat **no salt added**				1 oz	7	0	0	0	14	65	1.25 bread
Super Snax														
Pretzel Popers			Zesty Pizza				.75 oz	31	0	0	5	14	170	
Terra														
Yukon Gold Potato Chips							1 oz	35	3	0	0	19	80	
Zesta														
Saltines .		30100-00646	Saltines 300/2 ct.				.2 oz	25	0	0	0	8	95	.25 bread
Saltines .		30100-01008	Saltines 500/2 ct.				.2 oz	25	0	0	0	8	95	.25 bread
Cookies														
Bake Crafters														
Animal Cracker Packs							1 oz	28	7	0	2	19	110	1 bread
Barbara's Bakery														
100 Calorie Organic Mini Cookies			Chocolate				1 oz	18	9	0	29	18	150	
			Ginger				1 oz	18	9	0	29	18	150	
			Oatmeal				1 oz	18	9	0	29	18	150	
Best Maid														
Best Maid	Cookie		Low Fat Oatmeal Choc Chip, LF Sugar,				1 oz	30	9	0	30	19	80	
			LF Double Cho. Chip, LF Cho Chip,				1 oz	30	9	0	30	18	80	
			LF Oatmeal Choc. Chip with M & M's				1 oz	30	9	0	30	19	80	
			LF Oatmeal Blueberry				1 oz	30	9	0	30	19	80	
BreakfastBreaks														
Mini Animal Crackers		161918	Original				.9 oz	15	0	0	24	20	80	1 bread
Mini Animal Grahams		161925	Cinnamon				.9 oz	18	0	0	24	18	140	1 bread
Chortles														
Chocolate Chortles		3004	Chocolate Choc Chip Cookies				1 oz	30	8	0	25	19	130	
Regular		3003	Chocolate Chip Cookies				1 oz	25	9	0	25	19	95	
Cookietree Bakeries														
Reduced Fat Bake & Serve 1 oz Cookies				Candy Chip, Choc Chip,			1 oz	34	29	0	9	19	117	
				Raisin Oatmeal, Sugar										
Fieldstone Bakery														
Gingerbread Cookie							.75 oz	28	10	0	33	14	60	
Hope's Country Fresh														
Cookies Select		White Choc Mac, Sugar,Oatmeal Raisin, Oatmeal					1 oz	33	9	0	29	18	130	
		Peanut Butter, M&M, Double Fudge, Choc Chip												

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Kraft														
100 Calorie Pack Chips Ahoy Thin Crisps							.81 oz	25	9	0	30	18	140	
100 Calorie Pack Oreo Thins							.81 oz	15	0	0	35	19	160	
100 Calorie Pack Shortbread Sportz Cookies							.74 oz	30	5	0	29	16	120	
Mrs. GoodCookie														
Star Spangled Cookies			vanilla				1oz	28	0	0	25	19	80	
Jungle Crackers			vanilla				1oz	20	7.5	0	21	21	75	
Jungle Crackers Fruit Sweetened							1.1 oz	29	7	0	16	19	60	
Belly Bears			Choc Graham, Cinnamon Graham				1 oz	29	0	0	25	19	75	
			Honey graham							0				
Icee Cookies							1oz	29	0	0	30	19	110	
Superstars		56066	Cinnamon Grahams (51% whole wheat)				1 oz	29	0	0	25	21	100	
Nabisco														
100 Calorie Packs		937	Chips Ahoy Thin Crisps				.81 oz	25	5	0	31	17	140	
		68	Sportz Cookies				.74 oz	30	5	0	29	16	120	
		938	Oreo Thin Crisps				.81 oz	15	0	0	35	19	160	
		55	Peanut Butter cookie Crisps				.85 oz	30	5	0	29	17	160	
Teddy Grahams			Cinnamon				.5 oz	25	0	0	22	19	70	
			Cinnamon, Chocolate, Cubs				.75 oz	30	5	0	28	20	135	
Otis Spunkmeyer														
Value Zone Reduced Fat Cookies:			Sugar, Oatmeal raisin, Choc. Chip, Carnival				1 oz	27	8	0	32	19-25	100	
Delicious Essentials Reduced Fat Cookie				Butter Sugar, Oatmeal Raisin,			1 oz	27	8	0	29	19-25	80	
				Choc. Chip, Carnival										
Pepperidge Farm														
100 Calorie Soft Cookie		18215	Oatmeal Raisin				.81 oz	27	9	0	35	16	55	
Readi-Bake														
Benefit Cookies(portioned frozen dough)														
Sugar		4945	Reduced fat				1 oz	29	8	0	35	18	120	
Oatmeal Raisin		4947	Reduced fat				1 oz	29	8	0	35	18	98	
Chocolate Chip		4941	Reduced fat				1 oz	29	8	0	35	18	107	
Candy		4942	Reduced fat				1 oz	33	10	0	35	18	105	
Double Chocolate		4944	Reduced fat				1 oz	32	10	0	34	18	104	
Sugar		4915	51% whole grain reduced fat				1 oz	30	10	0	32	18	120	
Oatmeal Raisin		4917	51% whole grain reduced fat				1 oz	30	10	0	32	18	98	
Chocolate Chip		4911	51% whole grain reduced fat				1 oz	30	10	0	32	18	107	
Candy with mini M&Ms		4912	51% whole grain reduced fat				1 oz	30	10	0	32	18	89	

DATE	7/15/09						Foods in Compliance for TN Competitive Foods							
	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Oatmeal Choc Chip		4919	51% whole grain reduced fat				1 oz	30	10	0	32	18	100	
Silver Lake Cookies(The Cookie Jar)														
Premium Frozen Cookie Dough 1 oz														
		66102	Chocolate Chip				1 oz	30	9	0	28	19	135	
		66104	Festival Cookies				1 oz	30	9	0	32	19	135	
		66105	Sugar				1 oz	25	9	0	25	19	140	
		66106	Oatmeal Raisin				1 oz	25	9	0	28	18	135	
		66126	Oatmeal White Choc& Cranberry				1 oz	32	8	0	32	20	150	
Value Frozen Cookie Dough 1 oz														
		66002	Chocolate Chip				1 oz	27	8	0	28	20	150	
		66003	Sugar				1 oz	25	9	0	25	19	140	
		66004	Festival Cookies				1 oz	25	9	0	28	19	135	
		66006	Oatmeal Raisin				1 oz	25	5	0	25	18	135	
		66022	Oatmeal Chocolate Chip				1 oz	27	8	0	32	20	150	
Reduced Fat Choc Chip Cookie							1 oz	30	8	0	32	20	140	
Cereal bars, granola bars, pastries, muffins, doughnuts, bagels, bakery items														
Bake Crafters														
Muffins		Orange dream, tropical banana, blueberry(low fat),					2 oz	5	2	0	25	26-30	220	1 bread
		apple blossom(low fat)												
Muffins, whole wheat		Blueberry RF, Fort, banana, RF, Fort					2 oz	30	6	0	21	25	170	1 bread
Mini Loaf		Carrot, apple cinnamon					2 oz	30	5	0	30	26-29	170	1 bread
Bagels, plain, sliced							2 oz	6	0	0	1	29	0	2 bread
Bagel Half							1 oz	3	0	0	1	18	130	1 bread
Toaster Tarts, singles		Cinnamon(frosted), strawberry(unfrosted)					1.8 oz	30	6	0	33	34	180	1 bread
		blueberry (unfrosted)												
Barbara's Bakery														
Fruit and Yogurt Bars			apple cinnamon				1.1 oz	17	0	0	35	20	125	
			blueberry apple				1.1 oz	17	0	0	35	20	125	
			strawberry apple				1.1 oz	17	0	0	35	20	125	
			cherry apple				1.1 oz	17	0	0	35	20	125	
Bouquet of Fruits														
On Track Fruit Energy Bar														
			Chocolate Cherry Fudge				1.4 oz	3	0	0	25	28	10	1 fruit
			Mixed Berries				1.4 oz	3	0	0	25	28	15	1 fruit
			Strawberry Banana				1.4 oz	3	0	0	10	28	15	1 fruit

DATE	7/15/09						Foods in Compliance for TN Competitive Foods							
	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
			Peaches and Cream				1.4 oz	3	0	0	30	27	55	1 fruit
Burlington Farms														
Breakfast square			Iced Cinnamon				1oz	26	7	0	31	35	210	
Clif Bars														
Z bar (organic)	peanut butter, chocolate chip, chocolate brownie						1.3 oz	32	6	0	33	20	170	
	apple cinnamon						1.3 oz	32	6	0	33	20	170	
Country Choice														
Oatmeal on the Run!			Maple				2 oz	12	0	0	29	41	140	
DFManufacturing														
School Brownie							1.6 oz	33	10	0	27	31	140	
Enjoy Life														
Very Berry Snack Bars							1 oz	32	17	0	32	18	110	
Cocoa Loco Snack Bars							1 oz	25	8	0	32	18	95	
Sunbutter Crunch Snack Bars							1 oz	35	3	0	14	18	110	
Fieldstone Bakery														
Strawberry Delights							1.41 oz	28	8	0	33	27	125	1 bread
Apple Delights							1.41 oz	28	8	0	33	27	125	1 bread
Raspberry Delights							1.41 oz	28	8	0	33	27	125	1 bread
Multigrain Bar			Oatmeal Raisin				1.45 oz	26	8	0	27	27	150	1 bread
General Mills														
Trix Cereal Bar							1.3oz	23	0	0	28	30	160	1 bread
Team Cheerios Bar							1.4 oz	23	0	0	28	30	120	1 bread
Cocoa Puffs Cereal Bar							1.4 oz	25	3	0	28	29	105	1 bread
Cinnamon Toast Crunch Cereal Bar							1.4 oz	19	0	0	28	30	170	1 bread
Fruity Cheerios Cereal Bar							1.4 oz	24	3	0	26	28	120	1 bread
Gnu Foods														
Flavor and Fiber Bars			Banana Walnut Bar				1.6 oz	25	0	0	18	30	40	
			Peanut Butter Bar				1.6 oz	32	6	0	16	30	95	
			Cinnamon Raisin Bar				1.6 oz	23	0	0	24	32	30	
			Chocolate Brownie Bar				1.6 oz	25	6	0	20	30	20	
			Orange Cranberry Bar				1.6 oz	23	0	0	24	32	24	
Goody Man														
Marshmallow Crispy Squares							1.6oz	20	5	0	32	30	230	
Horizon Health														
Cup of Gold Snack Bar							2 oz	23	10	0	24	31	72	

DATE	7/15/09						Foods in Compliance for TN Competitive Foods							
	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Horizon Snack Foods														
Turnovers Reduced Fat, Standard			Apple, Apricot, Blackberry, Cherry,				2 oz	27-28	7	1.4	17-23	27	211	1 bread
			Blueberry, Peach, Raspberry puree,											
			Raspberry IQF, Sweet Potato											
Turnovers s-series (Junior)			Apple, Cherry				2 oz	30	19	1.7	7	28	209	1bread
Kashi														
Chewy Granola Bars		18627-37947	Trail Mix				1.25 oz	32	3	0	17	11	105	.75 bread
		18627-37949	Honey Almond Flax				1.25 oz	32	3	0	14	19	115	.5 bread
		18627-37945	Peanut Butter				1.25 oz	32	3	0	14	13	90	.5 bread
TLC Cereal Bar			apple spice				1.94 oz	23	0	0	16	15	125	
			blackberry graham				1.94 oz	23	0	0	16	15	125	
			strawberry				1.94 oz	23	0	0	16	15	125	
TLC Chewy Bar			cherry dark chocolate				1.2 oz	14	3	0	14	15	115	
			homey almond				1.2 oz	14	3	0	14	15	115	
			peanut butter				1.2 oz	14	3	0	14	15	115	
			trail mix				1.2 oz	14	3	0	14	15	115	
TLC Crunch Bar			honey Tst 7 grain				1.4 oz	28	3	0	15	3	160	
			pumpkin spice				1.4 oz	28	3	0	15	3	160	
			roasted almond crunch				1.4 oz	28	3	0	15	3	160	
Kellogg's														
	All-Bran Bars	38000-21029	*All-Bran (R)*Bars Honey Oat				1.25 oz	19	3	0	31	25	180	.75 bread
	Special K Bars	38000-22222	*Special K*(R) Bars Vanilla Crisp				.78 oz	17	3	0	32	24	100	.5 bread
Nutrigrain Cereal Bar		38000-35945	Nutri-Grain Bar Strawberry				1.3 oz	23	3	0	32	27	120	.75 bread
		38000-35645	Nutri-Grain Bar Apple Cinnamon				1.3 oz	23	3	0	32	27	105	.75 bread
		38000-35745	Nutri-Grain Bar Blueberry				1.3 oz	23	3	0	32	27	105	.75 bread
		38000-05872	Assortment Pack Strawberry/Blueberry/Apple Cinnamon				1.3 oz	23	3	0	32	27	120	.75 bread
Rice Krispies Treats(R) Orig														
		38000-00736	Kellogg's RKT Squares Grab n' Go			(4 bars)	1.57 oz	22	7	0	34	27	210	.75 bread
		38000-26502	Kellogg's RKT Squares Retail				.78 oz	22	10	0	32	27	105	.25 bread
		38000-26522	Kellogg's RKT Squares Retail				.78 oz	22	10	0	32	27	105	.25 bread
		38000-26547	Kellogg's RKT Squares Grab n' Go				1.3 oz	20	6	0	32	27	170	.5 bread
		38000-35054	Kellogg's RKT Squares Retail				.78 oz	22	10	0	32	27	105	.25 bread
		38000-35056	Kellogg's RKT Squares Retail				.78 oz	22	10	0	32	27	105	.25 bread
Pop Tarts	all single pack													
		38000-00498	Frosted Strawberry				1.83 oz	23	4.5	0	29	37	190	1 bread
		38000-00499	Frosted Blueberry				1.76 oz	30	6	0	32	34	180	1 bread
		38000-00500	Strawberry				1.83 oz	23	5	0	35	37	170	1 bread
		38000-08584	Brown Sugar Cinnamon				1.83 oz	29	2	0	32	37	170	1 bread

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
		38000-36651	Brown Sugar Cinnamon, made with wh gr				1.76 oz	30	2	0	28	34	170	1.25 bread
		38000-36657	Strawberry, made with whole grains				1.76 oz	24	2	0	30	37	160	1.25 bread
Luna Sunrise														
Sunrise Bars			Strawberry Crumble				1.69 oz	24	8	0	25	26	105	
			Apple Cinnamon				1.69 oz	24	8	0	25	26	105	
			Vanilla Almond				1.69 oz	24	8	0	25	26	105	
			Blueberry Bliss				1.69 oz	24	8	0	25	26	105	
Nature Valley														
Crunchy Granola Bar			Peanut Butter, Oats & Honey				1.5 oz	35	5	0	26	30	190	
Chewy Granola Bar		11590	Chocolate Chip				1 oz	23	4	0	25	21	50	
		11594	Oatmeal Raisin				1 oz	18	0	0	32	21	55	
Newman's Own Organics														
Low Fat Fig Newmans							1.4 oz	17	8	0	10	20	170	
Otis Spunkmeyer														
Muffins Reduced Fat for Schools:			Choc. Chip, Banana, Apple Cinnamon,				1.8 oz	29	6	0	29	29	180	
			Wild Blueberry											
Quaker														
Oatmeal to Go		43947	Oatmeal Raisin				1.4oz(40g)	16	3	0	35	29	160	
		43948	Apples & Cinnamon				1.4 oz	16	3	0	33	29	135	
		43950	Brown Sugar Cinnamon				1.4 oz	18	3	0	33	29	150	
Chewy Granola Bar			Peanut Butter Choc Chunk				1oz(28g)	25	8	0	32	20	85	
		O5574	Butterfinger				24 gm	23	8	0	33	19	85	
		O5568	Low Fat S'mores				24 gm	20	5	0	33	19	80	
		O5567	90 Calorie Oatmeal Raisin				24 gm	17	0	0	29	19	80	
		O5566	90 Calorie Cinnamon Sugar				24 gm	17	0	0	29	19	80	
		O5579	90 Calorie Choc. Chunk				24 gm	22	5	0	29	19	80	
		O5578	90 Calorie Baked Apple				24 gm	17	0	0	29	19	85	
		O5509	Peanut Butter Choc Chip 25% less sugar				24 gm	25	9	0	21	17	75	
		O5508	Choc. Chip with 25% less sugar				24 gm	30	9	0	21	17	75	
		O5576	Peanut Butter Choc Chip				24 gm	25	9	0	29	17	95	
Fruit & Oatmeal Bars			Strawberry				1.3 oz(37g	19	3	0	24	27	110	
Fruit & Oatmeal Bars			Apple Crisp				1.3 oz(38g	19	3	0	24	27	120	
Fruit & Oatmeal Bites			Strawberry				1.96oz(56g	18	5	0	21	27	220	
Fruit & Oatmeal Bites			Apple Crisp				1.96oz(56g	18	5	0	25	28	150	
Breakfast Bites (25% less sugar)			Apple Crisp, Strawberry				1.97oz	17.5	5	0	21	42	135	
Chewy 100 Calorie Granol		O5509	Chocolate				.84 oz	35	9	0	25	17	75	
Breakfast Cookies		O7653	Oatmeal raisin				1.7 oz	24	8	0	31	33	190	
Breakfast Cookies		27326	Oatmeal chocolate chip				1.7 oz	28	10	0	29	31	190	

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Sara Lee Food's														
Wholesome Indulgence Muffins														
Blueberry							1.5 oz	24	7	0	30	24	120	.75 bread
Banana Nut							1.5 oz	30	6	0	33	24	130	.75 bread
Apple Cranberry							1.5 oz	23	8	0	28	22	100	.75 bread
SL FS Muffin														
Blueberry							2 oz	32	5	0	27	27	150	1 bread
Simply Blues														
Mini Honey Wheat Breakfast Bar							1.25oz	12	2	0	20	26	88	1 bread
Schwan Food Company														
Power Alley Energy Burst		78725	Chocolate chip				1.76 oz	21	7	0	35	37	50	1 bread
Power Alley Chewy Crisp		88044	Oatmeal Cinnamon Flavored				1.76 oz	25	9	0	24	35	55	1 bread
		88044	Peanut Butter Flavored				1.76 oz	26	9	0	20	33	50	1 bread
Stauffer Snack Items														
Fruit Bars		412509	Apple				1.3 oz	23	3	0	30	25	45	
		412610	Blueberry				1.3 oz	23	3	0	30	25	55	
		412611	Strawberry				1.3 oz	23	3	0	30	25	50	
Vitalicious														
Vitamuffins VitaTops			Banana Nut				2 oz	15	0	0	5	19	120	
			Deep Chocolate				2 oz	15	9	0	16	21	170	
Winsor Foods														
Elfin Loaves		31625		apple cinnamon			2 oz	30	5	0	28	16	170	1 bread
		31609		banana			2 oz	33	5	0	28	16	170	1 bread
		31633		blueberry			2 oz	35	5	0	28	16	170	1 bread
Beverages														
Apple and Eve														
100 % Juice			apple				200 ml	100% juice						
			grape				200 ml	100% juice						
			fruit punch				200 ml	100% juice						
Back to Nature														
100% Juice			Fruit Punch				8 oz	100% juice						
			Berry				8 oz	100% juice						
Meridian Beverage Co.														

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Aqua Kids	calcium fortified		All Flavors				8oz	0	0	0	0	0	0	
		71208	Strawberry											
		71508	Grape											
Ardmore Farms														
100% Juice Blend		45400		Orange	carton		4 oz	0	0	0	11	14	20	1/2 c fruit
		45403		Grape	carton		4 oz	0	0	0	11	14	20	1/2 c fruit
		45453		Grape	carton		6 oz	0	0	0	11	20	20	3/4 c fruit
		45450		Orange	carton		6 oz	0	0	0	11	20	20	3/4 c fruit
Hansen's														
Juice Slam			Totally Tropical				6.75 oz	100% juice						
			Strawberry Banana				6.75 oz	100% juice						
			Apple				6.75 oz	100% juice						
			Burstin Berry				6.75 oz	100% juice						
Juice Pac														
Atomic Blast			100% juice blend				6.75 oz	0	0	0	11	24	10	3/4 c fruit
Punch-uation			100% juice blend				6.75 oz	0	0	0	11	25	15	3/4 c fruit
Grapes of Math			100% juice blend				6.75 oz	0	0	0	12	28	15	3/4 c fruit
Kraft Foods														
Capri Sun Fruit Waves		100% Juice pouches												
Apple Splash		142					6 oz	0	0	0	11	20	25	1 fruit
Berry Breeze		144					6 oz	0	0	0	11	20	25	1 fruit
Fruit Dive		146					6 oz	0	0	0	11	20	25	1 fruit
Libby's														
Juicy Juice	Ready to drink		All flavors	100% juice			4.23 oz	0	0	0	13	16		1/2 c fruit
Juicy Juice Ready to Drink			All Flavors	100% juice			6.75 oz	0	0	0	13	25	15	3/4 c fruit
Minute Maid														
Juice Box	100% juice and 100% juice blends						6.75 oz	0	0	0	11	23-25		3/4 c fruit
	apple, apple strawberry, apple white grape, grape, mixed berry,													
	orange, fruit punch													
"Just 10" Fruit Punch Pouch			(Splenda sweetened)		5% juice		6.5 oz	0	0	0	1	2	15	below 15 cal
Ridgefield's														
Cup Slushies 100% juice														
Blue Raspberry		2001					5.5 oz	0	0	0	14	22	50	1 fruit
Lemon-Lime		2002					5.5 oz	0	0	0	14	22	50	1 fruit
Sour Apple		2003					5.5 oz	0	0	0	14	22	50	1 fruit
Strawberry		2004					5.5 oz	0	0	0	14	22	50	1 fruit

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Sour Cherry		2005					5.5 oz	0	0	0	14	22	50	1 fruit
SideKicks														
Strawberry-Sour Apple							4.4 oz	0	0	0	15	20	45	1 fruit
BlueRaspberry-Lemon							4.4 oz	0	0	0	15	20	45	1 fruit
RWI														
Ziptide F5	All Flavors(flavored water, nutrient dense, splenda)						8 oz	0	0	0	0	3	0	
R. W. Knudsen														
Lemonade			100% juice				8 oz	0	0	0	13	32	15	
Swirl														
Swirl to Go	100% juice pouch		Strawberry Kiwi	(also 4 oz and 8 oz)			6 oz	0	0	0	11	18	11	
			Orange mango	(also 4 oz and 8 oz)			6 oz	0	0	0	11	18	11	
Tropicana														
Pure Premium Orange Juice			100% juice				6oz	0	0	0	10	20	0	3/4 c fruit
Pure Premium Orange Juice			100% juice				8oz	0	0	0	10	26	0	1 c fruit
Pure Premium Orange Juice& Calcium				100% juice			8 oz	0	0	0	10	26	0	1 c fruit
Pure Premium Healthy Kids Orange Juice			100 % juice				8oz	0	0	0	10	26	0	1 c fruit
Tropicana	Apple Juice		100% juice				6.75 oz	0	0	0	14	27	20	3/4 c fruit
Tropicana Fruit Punch		100% Juice					6.75 oz	0	0	0	14	27	20	3/4 c fruit
Waterroos														
Water			Apple				8 oz	0	0	0	0	0	5	
			Grape				8 oz	0	0	0	0	0	5	
Frozen Desserts														
Arrezzio														
Italian Ice Tubes	Strawberry, Orange, Lemon, Cherry						4 fl oz	0	0	0	21	22-24	0	
Blue Bell Creameries														
Lowfat Frozen Yogurt		473					3 oz cup	15	10	0	23	17	50	
LF Ice Cr.Sandwich		128	Vanilla				3 fl oz	19	8	0	19	22	115	
		132	Cookies & Cream				3 fl oz	16	3	0	22	25	125	
LF Sundae Cup		112	Fiesta (Cinco de Mayo)				3 oz cup	15	10	0	20	16		
		465	Cookies & Cream				3 oz cup	20	10	0	27	17	60	
Low Fat Ice Cream Cup		126	Strawberry				3 oz cup	15	10	0	22	15	55	
		137	Chocolate				3 oz cup	15	10	0	22	15	55	
		466	Vanilla				3 oz cup	15	10	0	22	15	55	
Light Ice Cream		458	Vanilla				3 oz cup	13	6	0	24	13	50	
Sherbet		457	Lime, rainbow, orange				3 oz cup	5	5	0	33	21	25	
Mini Rainbows		450					1.25 oz	0	0	0	19	17	5	
Fudgy Bar		105					2 fl oz.	0	0	0	22	15	50	
Rainbow Pop Up		139					2.75 fl. oz	6	6	0	28	17	20	

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Freeze Bar		131	Cherry				1.75 fl oz.	0	0	0	26	16	5	1/4 c fruit
		190	Grape				1.75 fl oz.	0	0	0	23	16	5	1/4 c fruit
		188	Rainbow Freeze				3.75 fl. oz	0	0	0	19	27	10	1/4 c fruit
Fruiti Bar		193					2.75 fl oz	0	0	0	26	24	10	1/4 c fruit
Strawberry Banana Bar		114					2.5 fl oz	0	0	0	25	21	10	1/4 c fruit
Balliro's														
Italian Ice			Orange				4 fl oz	0	0	0	7	9	0	
			Sugar-Free Tangerine				4 fl oz	0	0	0	0	6	0	
			Sugar-Free Peach				4 fl oz	0	0	0	0	7	0	
			Sugar-Free Lemon				4 fl oz	0	0	0	0	7	0	
			Sugar-Free Blue Raspberry				4 fl oz	0	0	0	0	7	0	
CN Ice Fruit Drink			Orange				4 fl oz	0	0	0	7	3	0	1/2 fruit
			Cherry				4 fl oz	0	0	0	7	3	0	1/2 fruit
California Natural Juice Bars														
100% Juice Bars with 3 gm fiber		Cherry, Orange				3 oz		0	0	0	12	13	10	3/8 c Fruit
Frostar														
Juice-On-A-Stick		Cherry, Orange					1.75 oz	0	0	0	16	11	15	
Pudding-On-A-Stick		Chocolate,					1.75 oz	23	8	NL	27	19	50	
Pudding-On-A-Stick		Swirl					1.75 oz	27	4.5	NL	27	19	50	
Fruit-A-Freeze Bars														
Cherry, Strawberry, Watermelon, Pineapple, Fruit Punch-Lemon, Lemon,							3 & 4 oz	0	0	0	11	17-26	50	
		Mango												
Icee														
Squeeze Tubes W/ Juice		Cherry, Blue Raspberry, Watermelon					4oz	0	0	0	19	21-24	10	
J&J Snack Foods														
Whole Fruit Bar		23050300	Outrageous Orange				3 fl oz	0	0	0	11	14	10	3/8 cup
(Premium Juice Bar)		23050200	Outrageous Orange				2 fl oz	0	0	0	11	10	5	1/4 cup
		23050305	Wild Cherry				3 fl oz	0	0	0	11	14	10	3/8 cup
		23050205	Wild Cherry				2 fl oz	0	0	0	11	10	5	1/4 cup
		23050310	Very Berry				3 fl oz	0	0	0	11	14	10	3/8 cup
		23050210	Very Berry				2 fl oz	0	0	0	11	10	5	1/4 cup
		23050315	Sour Apple-licious				3 fl oz	0	0	0	11	14	10	3/8 cup
		23050215	Sour Apple-licious				2 fl oz	0	0	0	11	10	5	1/4 cup
Luigi's														
Sherbet Cups		Chocolate, Orange, Raspberry, Lime, Grape					4oz	11.3	7.5	0	20	17	20	1/4 c fruit serv
Real Italian Ice Squeeze-up Tube			Cherry, Strawberry, Lemon				4oz	0	0	0	13	17	15	
Sourpuss			Cherry, watermelon				2.25 oz	0	0	0	22	30	0	1/4 c. fruit

DATE	7/15/09						Foods in Compliance for TN Competitive Foods							
	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Sourpuss			Cherry, Watermelon				3.1 oz	0	0	0	22	31	5	3/8c fruit
Mayfield Dairy							.							
Fudge Bar							2.5 fl oz	0	0	0	24	24	70	
Fudge Stix							1.75 oz	0	0	0	24	17	50	
Fudge Stix Bullet Bar Jr.							1.75 oz	0	0	0	9	12	60	
Fudge Bar	NSA						1.75 oz	0	0	0	18	12	60	
Push-Ups Sherbet							2.0 oz	2	2	0	18	16	20	
Real Fruit Bars							2 oz	0	0	0	21	16	0	
Fruit Stix NSA							1.75 oz	0	0	0	1	15	15	
Lowfat Ice Cream Cup			Chocolate, vanilla				3 oz	13.5	9	0	21	18	60	
Lowfat Ice Cream Sandwich							4 fl oz	17	6	0	23	30	180	
Vanilla LF Frozen Yogurt							3 fl oz	23	10	0	20	14	50	
Firecracker Jr.(70% juice)			Cherry, lemon, raspberry				1.6 fl oz	0	0	0	16	8	0	
Orange Cream Bar							3 fl oz	8	6	0	22	15	35	
Birmingham Orange Sherbet Cup							3 fl oz	15	10	0	20	19	15	
Madrina's														
Horchata		82269-68074	Pina				4 oz	11	0	0	15	18	10	
		82269-68034	Coconut				4 oz	11	0	0	15	18	10	
		82269-68054	Mango				4 oz	11	0	0	15	18	10	
Minute Maid														
Juice Bars	Blue Rasp, Cherry, Cherry Apple,Fruit Punch, Grape,						2.25 oz &	0	0	0	22	15	10	1/4c fruit
	Green Apple, Orange, Pink Lemonade, Strawberry						3.1 oz	0	0	0	22	21	10	3/8 c fruit
North Star														
Lowfat Ice cream cup		24480506	vanilla				3 oz	19	0	0	21	12	45	
		24490506	chocolate				3 oz	19	0	0	21	12	45	
		24500206	strawberry				3 oz	19	0	0	21	12	45	
Banana Blast		23030807	banana cream bar				3.5 oz	15	9	0	16	20	45	
Fat Free No Sugar Added Ice Cream				Chocolate, vanilla, strawberry			4 fl oz	0	0	0	6	27	85	
Fudge Bar							2.5 fl oz	0	0	0	14	10	70	
LowFat Ice Cr Bar				Vanilla &Chocolate			2.5 fl oz	17	8	0	24	12	50	
				Strawberries and Cream			2.5 fl oz	17	8	0	22	11	50	
Cookies & Cream Bar				lowfat			2.5 oz	15	9	0	33	19	70	
Dream Bar				orange			2.5 oz	12	7	0	21	15	30	
Strawberry Juice Bar				50% Juice			2.5 fl oz	0	0	0	19	16	5	
Raspberry Sherbet							4 fl oz	9	8	0	17	25	15	
Lime Sherbet							4 fl oz	9	8	0	17	25	15	
Orange Sherbet							4 oz	9	8	0	16	18	10	
Lemon Lime Sherbet				Frog Spit (tube)			3 fl oz	12	6	0	22	18	10	

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				Bar			2.5 oz	11	6	0	21	15	30	
Rootbeer Float							3.5 fl oz	17	10	0	19	19	45	
Red Fat Ice Cr Sand							3.5 fl oz	25	10	0	14	25	85	
Mini Sundae Cone				Lowfat			2 fl oz	20	9	0	23	14	50	
Totally Tubular Sherbet				Orange			2.5 oz	11	6	0	22	18	10	
Frozen Yogurt				Vanilla			3 oz cup	14	6	0	12	14	45	
Papa's														
Fruit Freeze		All Flavors					4 oz	0	0	0	16	18	4	3/8 c fruit
Purity														
98% Fat Free Vanilla Cup				630111			4 oz	10	9	0	24	8	15	
98% Fat Free Chocolate Cup				630112			4 oz	9	8	0	24	8	25	
Fat Free Orange Sherbet Cup				630109			4 oz	0	0	0	28	18	15	
98% Fat Free Ice Cream Sandwich				630193			4 oz	16	6	0	23	15	16	
98% /Fat Free Mini IC Sandwich				630102			2.25 oz	9	5	0	25	15	50	
Orange Sherbet Pop Ups				630105			3 oz	13	6	0	18	18	0	
Fudge Bars				520170			2.5 oz	0	0	0	24	12	15	
Fudge Pops				590170			1.75 oz	0	0	0	25	12	14	
NSA Fudge Pops				560119			1.75 oz	0	0	0	6	12	15	
Orange Yogurt Bars				520171			3 oz	9	9	0	22	10	18	
Mayfield Blue Blast Yogurt Bars				633473			3 oz	14	9	0	20	10	26	
Mayfield Real Fruit Bars				633449			1.75 oz	0	0	0	21	18	26	
Popsicle Brand Fudge Bars				630370			2.7 oz	3	2	0	21	12	25	
Popsicle E Firecracker Jr. w/Juice				670335			1.6 oz	0	0	0	16	15	10	
Popsicle Scribblers w/ Juice				630377			2.4 oz	0	0	0	14	11	10	
Popsicle Pop Up Orange Burst				630305			2.75 oz	10	10	0	17	15	10	
Edy's Strawberry Fruit Bar				630250			4 oz	0	0	0	23	18	10	
Edy's Strawberry Freeze Smoothie Cup				630115			4 oz	10	9	0	21	18	10	
Good Humor Cookies & Cream Bar				630318			2.7 oz	13	8	0	20	12	25	
Repicci's														
Italian Ice			cup/tube				4oz cup/tut	0	0	0	25	25	5	
Rosati														
Italian ice Cup		All flavors					4 fl oz	0	0	0	22	25	15	1/2c. Fruit
Shape Ups														
Frozen Dessert		Cherry, Orange, Grape					3oz	0	0	0	23	18	25	
Frozen Juice Cup	Holiday Cups-Halloween, Winter Wonderland,						3 oz	0	0	0	19	18	10	1/4 c fruit
		Shamrock, American Flag, Heart												

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	Brand	ProdCode	Description				Weight per portion	%cal Fat	%cal Sat Fat	gm Tran Fat	% Sugar	gm CHO	mg Na	Notes
Slush Puppie														
Slush Pups			100% juice pops				3.3 oz	0	0	0	11	11	15	
Snapple														
Snapple on Ice		Kiwi-Strawberry					3.5 oz	0	0	0	15	18	10	
Sunshine Swirl														
Smooth Ice Cups		Blue Razzin Lemonade, Strawberry Banana Blast,					4 oz	0	0	0	19	26	5	
		Cotton Candy, Bubble Gum Burst												
Tio Pepe's														
Horchata Congelada		Rice/Cinnamon/Vanilla		a (tubes)			4oz	3	0	0	30	34	0	
Horchata Congelada		Rice/Cinnamon/Vanilla		a M-pak			3oz	0	0	0	30	27	0	
Turner														
Frozen Flavored Juice Bar			Tropical Punch, Strawberry, Orange				2.25 fl oz	0	0	0	14	14	0	
Good Humor Vanilla Low Fat Ice Cream Sandwich							3.0 fl oz	12	7	0	21	26	110	
Good Humor Cookies and Cream Low Fat Ice Cream Bar							2.7 fl oz	10	10	0	18	18	35	
Madrina's Frozen Dessert			Coconut				4 fl oz	11	0	0	15	18	56	
			Horchata				4 fl oz	11	0	0	15	18	10	
			Mango				4 fl oz	11	0	0	15	18	56	
			Pina				4 fl oz	11	0	0	15	18	56	
Unilever														
Popsicle Pop Ups		Orange Burst, Reckless Rainbow					2.75 fl oz	9	0	0	19	15	15	
Popsicle Firecracker Jr.		with real fruit juice					1.6 fl oz	0	0	0	16	15	0	
Popsicle Scribblers							2.4 fl oz	0	0	0	14	15	5	
Wawona Frozen Foods														
Frozen Fruit Pops		Strawberry					2.75 oz	0	0	0	21	18	9	
		Peach					3.0 oz	0	0	0	19	18	7	
		Strawberry					1.5 oz	0	0	0	23	18	5	
		Peach					1.5 oz	0	0	0	21	18	4	
Yoplait														
Strawberry Frozen Yogurt and Cereal Bar							4 oz	11	8	0	12	23	100	
Raspberry & Vanilla Frozen Yogurt & Cereal Bar							4 oz	20	7	1	20	36	150	
Other														
Crystal Light On the Go		Lemonade, classic orange					0.17oz	0	0	0	0	0	0	
Crystal Light On the Go		Raspberry Ice(powder)					0.17oz	0	0	0	0	0	0	
On the Run Drinkmix Sticks		Sugarfree, no caffeine all flavors					0.01 oz	0	0	0	0	0	35	
FulFill Fitness Drink Mix Sticks			all flavors				0.07 oz	0	0	0	0	0	35	
Slosh Drink Mix Sticks			Dragon fruit, Blue raspberry, Bubble gum				0.10 oz	0	0	0	0	0	35	

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Replenish	Sports Drink Mix Sticks			all flavors			0.10 oz	0	0	0	0	0	110	
Moo Magic Milk Mix Sticks			all flavors				0.05 oz	0	0	0	0	0	0	
Kraft														
Tang Fitness Drink Mix			Fruit punch, Lemon Lime				.14 oz	0	0	0	0	0	110	
4 C														
Totally Light 2 Go			Lemonade				.07 oz	0	0	0		0	35	
			Pink Lemonade				.07 oz	0	0	0		0	0	
			Cranberry Pomegrante				.07 oz	0	0	0		0	10	
			Fruit Punch				.07 oz	0	0	0		0	10	
			Just Apple				.07 oz	0	0	0		0	10	
			Morning Orange				.07 oz	0	0	0		0	10	
			Wild Berry Pomegrante				.07 oz	0	0	0		0	10	
			Red Tea (naturally decaffienated)				.07 oz	0	0	0		0	10	
Vitamin Stix			Strawberry Kiwi				.07 oz	0	0	0		0	10	
Non-Frozen Yogurt														
Dannon														
Danimals		All Flavors					4oz	10	6	0	17	15	80	
Danimals		All Flavors					8oz.	10	6	0	17	30	150	
Dannon Frusion	Wild	Berry Blend and Banana Berry Blend					7oz.	13	8	0	17	35	90	
Light 'n Fit Smoothie		Raspberry, Strawberry, Strawberry Banana,Tropical,				Tropical	7oz.	0	0	0	7	17	70	
Danimals XL		Orange Strawberry Banana Blowout, Cherry Berry Blast					5.75 oz	16	8	0	17	29	105	
		Strawberry Explosion								0				
Danimals Drinkable		Strawberry Explosion		, Strikin' Strawberry Kiwi,			3.1 oz	15	10	0	15	17	55	
		Strawberry Exp	Banana & Rockin' Raspberry, Strikin'											
		Kiwi												
General Mills														
Go Gurt Smoothie			Strawberry Banana				5oz.	1	0	0	14	19	100	
Fizzix Yogurt Snack		70470	Blue Raspberry, Strawberry Watermelon				2.28 oz	7	0	0	16	13	30	
Yoplait Light Smoothie			Strawberry Banana				8 oz	0	0	0	4	22	120	
Horizon Organic														
Tuber Z			Organic Lowfat Yogurt Strawberry				2 oz	8	8	0	18	11	40	
Stonyfield Farm														
Smoothie Lowfat Yogurt			Strawberry				4.6 oz	14	6	0	13	23	90	
Upstate Farms														
Yogurt Nonfat, Fortified		Strawberry, Peach, Raspberry, Strawberry Banana,					4 oz	0	0	0	18	22	75	
		Cherry Vanilla, Blueberry												

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Yoplait														
Light Nonfat Yogurt		Cherry, Peach					6 oz	0	0	0	8	19	85	
Lowfat Yogurt		17726	Strawberry Banana Bash				4 oz	9	9	0	15	21	55	
		17725	Trix Raspberry Rainbow				4 oz	9	9	0	15	21	55	
		720	Trix Raspberry Rainbow/Strawberry Banana Bash				4oz	9	9	0	15	21	55	
		17727	Trix Watermelon Burst				4 oz	9	9	0	15	21	55	
Dairy														
Milk (any brand)		Reduced fat, low fat, or skim	All Brands & Flavors				8 oz.	varies	varies	0	varies	12-13 w	varies	1 milk
Coca Cola Ent. and Bravo Foods														
Slammers	Low fat Milk		Pro Chocolate, Pro Vanilla, Organic White,				8 oz	100% mi	varies	0	varies	17 flav	varies	1 milk
			Pro Strawberry, Three Muskateers											
Nestle														
Nesquick		61650	Chocolate				8 oz	100% milk						1 milk
		8590	Strawberry				8 oz	100% milk						1 milk
Frigo														
Cheese Heads Light		(like string cheese)					1oz	37	30	0	0	0	200	>3.5gm fat
														1 oz meat alt
Gehl's														
Pudding Please!		Milk Choc, vanilla					4oz	7	0	0	20	27	180	
Kozy Shack														
Puddings		189232	Crazy Chocolate Poppin				4 oz	8	4	0	13	20	110	
		189234	Very Vanilla Poppin				4 oz	8	4	0	13	20	135	
		189230	Balistic Banana Poppin				4 oz	8	4	0	12	17	95	
		130300	Chocolate Soy				4.5 oz	17	4	0	10	23	80	
		130310	Vanilla Soy				4.5 oz	17	4	0	10	21	80	
Kraft														
Handi Snacks Sugar Free				Reduced calorie pudding (splenda)										
Chocolate							3.5 oz	20	10	0	0	9	160	
Sargento														
Light String Cheese							.75oz	37	22	0	0	0	180	>3.5 gm fat
														.75 oz meat

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Yoplait														
Yoplait Light Smoothie	All Flavors						8oz	0	0	0	4	18	120	
Fruits														
Brothers-All-Natural														
Fruit Crisps	100% sliced freeze dried fruit						100 % fruit	0	0	0	73	14	0	
	apple, mango, strawberry, pineapple, banana													
	strawberry banana													
Concept Foods														
Fruit Tubes			Banana, Guava, Pineapple,Mango, Jack Fruit				2oz tube	100% fruit (frozen individual servings)						1/4 c fruit
Knouse Foods														
Apple Sauce - sweetened	Splenda						4oz cup	0	0	0	8	12	3	1/2 fruit
Fruit'n Sauce-sweetened	splenda		All Flavors				4oz. Cup	0	0	0	8	14	10	1/2 fruit
Dole														
Fruit Bowls		All Fruits	100% fruit				4.3 oz	16	8	0	17	19	10	1/2 fruit
Materne														
Applesauce	GoGo Squeeze						3.17 oz	0	0	0	17	14	3	
Mott's														
Applesauce,Scooby-Doo!			Mummy Berry, Pirates Punch,				4 oz cup	0	0	0	14	17	0	1 fruit
			Rawberry Kiwi											
Pierre Foods														
Fruit Cups		80340	Pineapple				4 oz	0	0	0	20	25	4	1 fruit
		11040	Applesauce				4 oz	0	0	0	12	15	4	1 fruit
		10104	Chunky applesauce				4 oz	0	0	0	14	18	4	1 fruit
		10204	Cinnamon Applesauce				4 oz	0	0	0	18	23	5	1 fruit
		10704	Strawberry applesauce				4 oz	0	0	0	14	20	9	1 fruit
		80140	Peaches				4 oz	0	0	0	13	16	5	1 fruit
		80240	Pears				4 oz	0	0	0	14	17	8	1 fruit
Sunkist														
Fun Fruits														
Pals, Giggles, Smiles,			Prepackaged fresh fruits and vegetables				No limit on fresh fruits and vegetables							
Grins, Carrots							No limit on fresh fruits and vegetables							

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Pastas, Meats, Soups														
Highland Beef Farms														
Honey Pep TurkeyStick		211	Turkey				.8 oz	35	0	0	5	1	150	
Honey Pep ChixStick		064	Chicken				.8 oz	35	0	0	5	1	150	
Jack's Links														
Beef Jerky		113	Sweet & Hot				1 oz	12	6	0	14	5	440	
		173	Teriyaki				1oz	12	6	0	14	5	440	
		183	KC Masterpiece Barbecue				1 oz	12	6	0	21	7	390	
		47388	Chicken Fajita				1 oz	28	6	0	11	4	450	
		47383	Teriyaki Beef Steak Nuggets				1 oz	28	6	0	11	4	450	
		47387	Pork Tender Cuts				1 oz	28	6	0	11	4	450	
			Original				.9 oz	14	0	0	12	3	430	
			Peppered				.9 oz	14	0	0	12	4	360	
			Sweet & Hot				.9 oz	14	0	0	16	4	420	
			Teriyaki				.9 oz	14	0	0	16	4	410	
Main Dishes														
Pierrre Foods														
Peanut Butter and Jelly Bar with Graham Wafer		92100					2.2 oz	55	11	2	16	27	267	1 meat+1bread
Peanut Butter and Jelly Jamwich		92127	Strawberry jam on wheat bread				2.8 oz	49	11	2	26	33	309	1 meat+1bread
		92123	Grape jelly on wheat bread				2.8 oz	49	11	2	26	36	308	1 meat+1bread
Schwan														
Tony's Pizza Strips	Pepperoni						3.1 oz	23	9	0	4	28	460	2bread + 1oz meat alt
Smuckers														
Uncrustables		6650	PB & Grape Jelly, white bread				2.8 oz	54	9	0	18	33	354	1M + 1B
		6651	PB & Jelly-Wheat bread				2.8 oz	54	9	0	18	33	354	1M + 1B
		6659	PB & Strawberry Jam, white bread				2.8 oz	54	9	0	18	33	354	1M + 1B
		6675	PB, Honey and Wheat Bread				2.8 oz	47	8	0	16	24	330	1M + 1B
		5150006673	PB & Grape Jelly, with soy protein				2.5 oz	38	7	0	18	31	290	1M + 1B

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Schwans														
Classic Crust Pizza	16"	Cheese, Pepperoni					1/10 pie	30	8	0	2	38	600	1.5M,2.25B
Harvest Pizza		16" Cheese					1/10 pie	28	10	0	2	37	600	1.5M,2.25B
Products bought for the NSLP should adhere to the Buy American procurement regulations.														
This does not mean that these products are approved or endorsed by the School Nutrition Program.														
Nor does an exemption indicate that these products have significant nutritional value. In addition,														
the exemptions should not be perceived as guidance or encouragement to school														
food authorities concerning their possible purchase.														
For the rules on this, visit the following link: http://state.tn.us/sos/rules/0520/0520-01/0520-01-06.pdf														
0520-1-6-.04 MINIMUM NUTRITIONAL STANDARDS FOR INDIVIDUAL FOOD ITEMS SOLD OR OFFERED FOR SALE TO PUPILS IN GRADES PRE-K-8														